

SESSION 7: PARENT THROUGH CRISIS: 7 EFFECTIVE RESPONSE TECHNIQUES

SUGGESTED DISCUSSION QUESTIONS

- What are some scenarios of making excuses for an abuser?
- Why is it important to never make excuses for an abuser?
- How does trust break down in your relationship with your child if you minimize how they feel?
- If you overreact when your child shares something with you, what are some possible results?
- What is the importance of determining your child's stage of brain development when you are addressing a traumatic experience?
- What positive outcome happens when you describe the impact from trauma your child experienced?
- What is the importance of taking appropriate action if your child was abused?
- What did Jerry mean when he said, "If you've never received help for past abuse, time didn't heal anything."?

TAKE AWAY

It's never too late to get help for a wound that needs healing. Whether or not law enforcement or the system fails when you take the appropriate action, the important thing to remember is the goal.

- The goal is for personal healing, healing for your child, and for your relationship with your child to be strengthened and/or